DR. JOE CHURTON MBBS BSc FRACP Respiratory & Sleep Physician

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Respiratory Function Laboratory Request Form

e: DOB:	
Home Phone:	
Mobile:	
Complex Lung Function (Spirometry, Lung Volumes and Gas Diffusion)	
Respiratory Muscle Strength (MIPS/MEPS)	
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Date:	
	Home Phone: Mobile: Complex Lung Function (Spirometry, Lung Volumes and Gas Diffusion) Respiratory Muscle Strength (MIPS/MEPS) ded following consultation with Dr Churton stails



Testing Preparation

- Caffiene Tea, coffee, cola and chocolate should be avoided the day of the test.
- Smoking and vigorous exercise should be avoided the day of the test.

Medication withholding times

Tests	Time to withhold (before)	Medication
Spirometry before and after bronchodilator	4 hours	Asmol, Atrovent, Bricanyl, Ventolin
	12 hours	Foradile, Oxis, Seretide, Serevent, Symbicort
Bronchial Provocation testing	8 hours	Atrovent, Airomir, Asmol, Bricanyl, Ventolin
	24 hours	Foradile, Oxis, Seretide, Serevent, Symbicort
	72 hours	Claratyne, Telfast, Zyrtec